

## FP Middle School November 27-Dec.1 & December 4-8, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
27 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/ Lite Ranch, or <b>Chicken Poppers</b> , Steamed Broccoli, Pinto Beans, WG Roll, Ketchup, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	28 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Turkey &amp; Cheese on/WG Bun</b> , Baked Fries, Ketchup, Lite Mayo, Mustard, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	29 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Homemade Chili</b> w/WG Crackers, Grilled Cheese, WG Animal Crackers, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	30 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Burrito</b> , Steamed Corn, Salsa, Cheese Sauce, Choc Bear Cookie, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	1 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Hamburger</b> w/ WG Bun, Baked Fries, Lettuce, Tomato, Sliced Cheese, Ketchup, Mustard, Lite Mayo, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch
Cinnamon Toast Crunch Pastry, Assorted Cereal, Yogurt Parfait/Granola, Assorted Fresh Fruit, Milk	Steak Biscuit, Assorted Cereal, Assorted Pop Tarts, Assorted Fruit Juice, Milk	Assorted Mini Pancakes/ Syrup, Yogurt Parfait / Granola, Assorted Cereal, Assorted Fresh Fruit, Milk	Chicken Biscuit, Assorted Cereal, Assorted Pop Tarts, Assorted Fruit Juice, Milk	Yogurt w/ Muffin, Assorted Cereal, Assorted Pop Tarts, Assorted Fruit Canned, Milk
4 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Pepperoni Hot Pocket</b> , Steamed Broccoli, Steamed Corn, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	5 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Salisbury Steak</b> w/Brown Gravy, Cream Potatoes, Steamed Carrots, WG Breadstick, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	6 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Homemade Chicken &amp; Sausage Gumbo</b> , Grilled Cheese, Brown Rice, WG Chocolate Bear Cookie, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	7 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Chicken Fajita</b> w/Flour Tortilla, Steamed Corn, Black Beans, Shredded Cheese, Salsa, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	8 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch, <b>Breaded Chicken</b> w/ WG Bun, Baked Sweet Potato Fries, Lettuce, Sliced Tomatoes, Ketchup, Lite Mayo, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch
Assorted Waffles w/Syrup, Yogurt Parfait/Granola, Assorted Cereal, Assorted Fresh Fruit, Milk	Chicken Biscuit, Assorted Cereal, Assorted Pop Tarts, Assorted Fruit Juice, Milk	WG Donuts W/Glaze, Yogurt Parfait/Granola, Assorted Cereal, Assorted Fruit Canned, Milk	Yogurt w/Muffin, Assorted Cereal, Assorted Pop Tarts, Assorted Fruit Juice, Milk	Cinnamon Rolls, Yogurt Parfait/Granola, Assorted Cereal, Assorted Fresh Fruit, Milk

\*Low Fat & Fat Free Milk Offered Daily

\*Lite Ranch & Italian Salad Dressing Available Daily

Employee Meal Prices- Breakfast \$2.85, Lunch \$4.35

\*Menu subject to change due to shortages

A la carte Items available each day-

***This institution is an equal opportunity provider.***

Hot Cheetos 0.50 cents

Fruit Punch Juice \$1.00

Cheese Doritos 0.50 cents

Apple Juice \$1.00

Baked BBQ chips 0.50 cents

**\*\*Apples provided by Crow Mtn. Farms**