

## FP High School November 27 – Dec. 1 & December 4- 8, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
27 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Beef Taco</b> w/Tortilla Chips, Pinto Beans, Shredded Cheese, Lettuce, Tomato, Salsa, Taco Sauce, WG Choc Bear Cookie, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	28 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Hot Wings</b> w/Breadstick, Ranch Dip, Steamed Broccoli, Baked Fries, Honey Bear Cookie, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	29 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Homemade Chicken &amp; Sausage Gumbo</b> , Brown Rice, Grilled Cheese, Animal Crackers, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	30 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Spicy Chicken</b> w/ WG Bun, Baked Tater Tots, Ketchup, Lite Mayo, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	1 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Hamburger</b> w/ WG Bun, Baked Sweet Potato Fries, Lettuce, Tomato, Sliced Cheese, Ketchup, Mustard, Lite Mayo, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch
Cinnamon Toast Crunch Pastry, Assorted Cereal, Yogurt Parfait/Granola, Assorted Fresh Fruit, Milk	Steak Biscuit, Assorted Cereal, Assorted Fruit Juice, Milk	WG Donuts, Yogurt Parfait/Granola, Assorted Cereal, Assorted Fresh Fruit, Milk	Chicken Biscuit, Assorted Cereal, Assorted Fruit Juice, Milk	Egg & Cheese Biscuit, Assorted Cereal, Assorted Fruit Canned, Milk
4 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Homemade Spaghetti Meat Sauce w/WG Noodles</b> , Steamed Broccoli, WG Breadstick, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	5 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Chicken Fajita Nacho</b> w/WG Tortilla Chips, Steamed Corn, Salsa, Cheese Sauce, Jalapenos, Choc Bear Cookie, Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	6 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Homemade Chili</b> w/WG Crackers, Grilled Cheese, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	7 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch, or <b>Corn Dog</b> , Baked Tater Tots, Veggie Cup w/Lite Ranch, Mustard, Ketchup, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch	8 <b>Pizza</b> , Mixed Green Salad, Veggie Cup w/Lite Ranch or <b>Crispitos</b> , Cheese Sauce, Salsa, Pinto Beans, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad *Wildcat PBJ Quick Lunch
Steak Biscuit, Yogurt Parfait/Granola, Assorted Cereal, Assorted Fresh Fruit, Milk	Chicken Biscuit, Assorted Cereal, Assorted Fruit Juice, Milk	WG Donuts, Yogurt Parfait/Granola, Assorted Cereal, Assorted Fruit Canned, Milk	Pancakes w/Syrup, Assorted Cereal, Assorted Fruit Juice, Milk	Cinnamon Rolls, Yogurt Parfait/Granola, Assorted Cereal, Assorted Fresh Fruit, Milk

\*Low Fat & Fat Free Milk Offered Daily

\*Lite Ranch & Italian Salad Dressing Available Daily

Employee Meal Prices- Breakfast \$2.85, Lunch \$4.35

\*Menu subject to change due to shortages

A la carte Items available each day-

*This institution is an equal opportunity provider.*

Hot Cheetos 0.50 cents

Fruit Punch Juice \$1.00

**\*\*Apples provided by Crow Mtn. Farms**

Cheese Doritos 0.50 cents

Apple Juice \$1.00

Baked BBQ chips 0.50 cents