## Wills Valley Elementary January 14-18 & January 21-25, 2019

| Monday                           | Tuesday                           | Wednesday                       | Thursday                        | Friday                           |
|----------------------------------|-----------------------------------|---------------------------------|---------------------------------|----------------------------------|
| 14 BBQ Pork or Chicken Fajita    | 15 Chicken Poppers or Fish        | 16 Chili or Gumbo, Brown Rice,  | 17 Breakfast for Lunch-         | 18 Hamburger or Breaded          |
| Nachos w/WG Chips, Corn,         | Nuggets, Roasted Potatoes,        | Toasted Cheese Sandwich,        | Scrambled Eggs, WG Biscuit,     | Chicken Sandwich, Baked Reg.     |
| Steamed Broccoli, Mixed Green    | Green Beans, Mixed Green          | Mixed Green Salad, Crackers,    | Chicken, Hash Browns, Jelly,    | or Sweet Pot. Fries, String      |
| Salad, Cheese Sauce, Salsa, Sour | Salad, Canned Peaches,            | Fresh Grapes                    | Sliced Tomatoes, Butter, Orange | Cheese, Mixed Green Salad,       |
| Cream, Canned Pears              | Chocolate Chip Cookie, Ketchup,   |                                 | Slices                          | Fresh Apples, Lite Mayo,         |
|                                  | BBQ Sauce                         |                                 |                                 | Ketchup, Mustard                 |
| Mini Pancakes, Cereal, Toast,    | Chicken & Biscuit, Cereal, Toast, | Scrambled Eggs, Ham, Cereal,    | French Toast Sticks, Cereal,    | Mini Cinnis, Cereal, Toast, Pop- |
| Pop-Tart, Blueberries, Jelly,    | Pop-Tart, Applesauce, Jelly,      | Toast, Pop-Tart, Orange Slices, | Toast, Pop-Tart, Grapes, Jelly, | Tart, Banana, Jelly, Juice       |
| Juice                            | Juice                             | Jelly, Juice                    | Juice, Syrup                    |                                  |
| 21                               | 22 Pizza, Steamed Peas &          | 23 Chili or Gumbo, Brown Rice,  | 24 Crispito, Chicken Fajita     | 25 Hot Wings, Corn Dog, Baked    |
| NO SCHOOL                        | Carrots, Mixed Green Salad,       | Toasted Cheese Sandwich,        | Wrap, Peppers & Onions,         | Reg. or Sweet Pot. Fries, Baked  |
| Martin Luther King Jr.           | Orange Slices, Baked Apples       | Mixed Green Salad, Crackers,    | Refried Beans, Mixed Green      | Beans, Breadstick, Ranch         |
|                                  |                                   | Fresh Grapes                    | Salad, Cheese Sauce, Sour       | Dressing, Mixed Green Salad,     |
| Day                              |                                   |                                 | Cream, Salsa, Canned Pears      | Choc. Bear Cookie, Fresh         |
|                                  |                                   |                                 |                                 | Apples, Ketchup, Mustard         |
|                                  | Scrambled Eggs, Sausage Link,     | Mini Pancakes, Cereal, Toast,   | French Toast Sticks, Cereal,    | Yogurt, Granola, Cereal, Toast,  |
|                                  | Cereal, Toast, Pop-Tart,          | Pop-Tart, Kiwi, Jelly, Juice    | Toast, Pop-Tart, Fresh Grapes,  | Pop-Tart, Banana, Jelly, Juice   |
|                                  | Applesauce, Jelly, Juice          |                                 | Jelly, Juice, Syrup             |                                  |

<sup>\*</sup>Low Fat & Fat Free Milk Offered Daily

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$1.85, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to <a href="https://www.PayPAMS.com">www.PayPAMS.com</a> to check balances, set up email reminders and/or deposit money into your child's lunch account.

This institution is an equal opportunity provider

<sup>\*</sup>Asst. Salad Dressings at Lunch