

Williams Avenue Elementary October 14-18 & October 21-25, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
14 Chicken & Waffles, Corn, Mixed Green Salad, Green Beans, Canned Peaches, Ketchup, Syrup	15 Breaded Chicken or Country Fried Steak, Mixed Green Salad, Pinto Beans, Creamed Potatoes, Roll, Animal Crackers, Grapes	16 Breakfast for Lunch- Scrambled Eggs, WG Biscuit, Breaded Chicken, Hash Browns, Jelly, Sliced Tomatoes, Butter, Orange Slices	17 Taco Salad, W. Grain Chips or Chicken Quesadilla, Brown Fiesta Rice, Black Beans, Mixed Green Salad, Shredded Cheese, Sour Cream, Salsa, Canned Pears	18 Hamburger or Spicy Chicken Sandwich, Baked Reg. or Sweet Pot. Fries, Baked Beans, Mixed Green Salad, Apples, Ketchup, Mustard, Light Mayo. Lettuce, Tomato
Scrambled Eggs, Ham, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Mustard, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Juice, Syrup	Mini Pancakes, Cereal, Toast, Pop-Tart, Canned Peaches, Jelly, Juice	Yogurt, W. Grain Granola, Cereal, W. Grain Toast, Banana, Jelly, Grape Juice
21 Pizza or Chicken Poppers, Mozzarella Sweet Potatoes, Green Beans, Mixed Green Salad, Mixed Fruit	22 BBQ Pork or Buffalo Chicken, Baked Potato, Shredded Cheese, Butter, Sour Cream, Green Peas, W. G. Roll, Fresh Pear, Choc. Chip Cookie, Mixed Green Salad	23 Fish or Steak Nuggets, Mixed Green Salad, Black Eyed Peas, Collard Greens, Roll, Animal Crackers, Fresh Peach	24 Burrito, Crisпитos, Cowboy Beans, Mixed Green Salad, Corn, Cheese Sauce, Sour Cream, Salsa, Canned Pears	25 Hot Dog on W. Grain Bun, Baked Reg. or Sweet Pot. Fries, Mixed Green Salad, Apple, Ketchup, Mustard, Kraut, Onions
Egg & Cheese on Southern Style Biscuit, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Canned Pears, Jelly, Mustard, Juice	Mini Pancakes, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Mustard, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Syrup, Juice	Mini Cinnis, Cereal, Toast, Pop-Tart, Grapes, Jelly, Juice

*Low Fat & Fat Free Milk Offered Daily

*Asst. Salad Dressings at Lunch

**Yogurt parfaits offered daily at breakfast

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$1.85, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to www.PayPAMS.com to check balances, set up email reminders and/or deposit money into your child's lunch account.

This institution is an equal opportunity provider