

Williams Avenue Elementary January 13-17 & January 20-24, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
13 Chicken & Waffles, Corn, Mixed Green Salad, Green Beans, Canned Peaches, Ketchup, Syrup	14 Chicken Parmesan, Spaghetti Noodles, Mixed Green Salad, Steamed Carrots, Broccoli, W. Grain Roll, Grapes	15 Chili or Gumbo, Brown Rice, Toasted Cheese Sandwich, Mixed Green Salad, Crackers, Orange Slices	16 Chicken Fajita w/W. Grain Wrap or Crisпитos, Cowboy Beans, Mixed Green Salad, Cheese Sauce, Sour Cream, Salsa, Peppers & Onions, Canned Pears	17 Hamburger or Spicy Chicken Sandwich, Baked Reg. or Sweet Pot. Fries, Baked Beans, Mixed Green Salad, Apple, Ketchup, Mustard, Light Mayo. Lettuce, Tomato
French Toast Sticks, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Juice, Syrup	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Mustard, Juice	Scrambled Eggs, Ham, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice	Mini Pancakes, Cereal, Toast, Pop-Tart, Canned Peaches, Jelly, Juice	Yogurt, W. Grain Granola, Cereal, W. Grain Toast, Banana, Jelly, Grape Juice
20 NO SCHOOL M.L. King Day	21 Spaghetti Sauce w/Meat & Spaghetti Noodles or Mozzarella Cheese Sticks, Steamed Carrots, Broccoli, W. Grain Roll, Mixed Green Salad, Orange Slices	22 Chili or Gumbo, Brown Rice, Toasted Cheese Sandwich, Mixed Green Salad, Crackers, Canned Peaches	23 BBQ Chicken Tenders, Creamed Potatoes, Mixed Green Salad, Black Eyed Peas, W. Grain Roll, Fresh Pear, M & M W. G. Cookies	24 Hot Wings, Corn Dog, Baked Reg. or Sweet Pot. Fries, Baked Beans, Breadstick, Ranch Dressing, Mixed Green Salad, Choc. Bear Cookie, Apple, Ketchup, Mustard
	Egg & Cheese on Southern Style Biscuit, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice	Baked Cinnamon Apples & Blueberry Muffin, Cereal, Toast, Pop-Tart, Banana, Jelly, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Syrup, Juice	Mini Cinnis, Cereal, Toast, Pop-Tart, Grapes, Jelly, Juice

*Low Fat & Fat Free Milk Offered Daily

*Asst. Salad Dressings at Lunch

**Yogurt parfaits and bagels & cream cheese offered daily at breakfast

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$1.85, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to www.PayPAMS.com to check balances, set up email reminders and/or deposit money into your child's lunch account.

This institution is an equal opportunity provider