

Williams Avenue Elementary December 2-6 & December 9-13, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken & Waffles, Corn, Mixed Green Salad, Green Beans, Canned Peaches, Ketchup, Syrup	3 Chicken Parmesan, Spaghetti Noodles, Mixed Green Salad, Steamed Carrots, Green Peas, W. Grain Roll, Grapes	4 Chili or Gumbo, Brown Rice, Toasted Cheese Sandwich, Mixed Green Salad, Crackers, Orange Slices	5 Chicken Fajita w/W. Grain Wrap or Crispos, Cowboy Beans, Mixed Green Salad, Cheese Sauce, Sour Cream, Salsa, Canned Pears	6 Hamburger or Spicy Chicken Sandwich, Baked Reg. or Sweet Pot. Fries, Baked Beans, Mixed Green Salad, Apple, Ketchup, Mustard, Light Mayo. Lettuce, Tomato
French Toast Sticks, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Juice, Syrup	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Mustard, Juice	Scrambled Eggs, Ham, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice	Mini Pancakes, Cereal, Toast, Pop-Tart, Canned Peaches, Jelly, Juice	Yogurt, W. Grain Granola, Cereal, W. Grain Toast, Banana, Jelly, Grape Juice
9 Pizza or Chicken Poppers, Steamed Carrots, Green Beans, W. Grain Roll, Mixed Green Salad, Mandarin Oranges	10 Baked Chicken Fillet, Creamed Potatoes, Mixed Green Salad, Green Peas, W. Grain Roll, Fresh Pear, Peach Crisp	11 Chili or Taco Soup, Brown Rice, Toasted Cheese Sandwich, Mixed Green Salad, Crackers, Orange Slices	12 Spaghetti Sauce w/ Meat & Spaghetti Noodles or Mozzarella Cheese Sticks, Steamed Broccoli, Mixed Veggies, Mixed Green Salad, W. G. Roll, Grapes	13 Hot Wings, Corn Dog, Baked Reg. or Sweet Pot. Fries, Baked Beans, Breadstick, Ranch Dressing, Mixed Green Salad, Choc. Bear Cookie, Apple, Ketchup, Mustard
Egg & Cheese on Southern Style Biscuit, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Canned Pears, Jelly, Mustard, Juice	Mini Pancakes, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Mustard, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Syrup, Juice	Breakfast Pizza, Cereal, Toast, Pop-Tart, Grapes, Jelly, Juice

*Low Fat & Fat Free Milk Offered Daily

*Asst. Salad Dressings at Lunch

**Yogurt parfaits and bagels & cream cheese offered daily at breakfast

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$1.85, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to www.PayPAMS.com to check balances, set up email reminders and/or deposit money into your child's lunch account.

This institution is an equal opportunity provider