

Little Ridge Intermediate January 3- 7 & January 10-14, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 NO SCHOOL TEACHER WORKDAY	4 Pizza, Mixed Veggies, Canned Pineapple, Pudding Cup, Milk *Chef Salad *Spicy Chicken Salad	5 Chili or Chicken & Sausage Gumbo, Brown Rice, Cinnamon Bun, Canned Pears, Milk *Chef Salad *Spicy Chicken Salad	6 Burrito, Cowboy Beans, Cheese Sauce, Salsa, Strawberries, Milk *Chef Salad *Spicy Chicken Salad	7 Spicy Chicken or Hamburger on WG Bun, Baked Fries, Baked Beans, Apple, Lite Mayo, Ketchup, Mustard, Milk *Chef Salad *Spicy Chicken Salad
	Mini Blueberry Pancakes, Apple Juice, Milk	Cereal, Orange Slices, Milk	Yogurt, Blueberry Muffin, Orange Juice, Milk	Cinni Minis, Applesauce, Milk
10 BBQ Pork, Creamed Potatoes, WG Roll, Choc Bear Cookie, Canned Peaches, Milk *Chef Salad *Spicy Chicken Salad	11 Breakfast for Lunch: Scrambled Eggs, Breakfast Chicken, Biscuit, Orange Slices, Jelly, Milk *Chef Salad *Spicy Chicken Salad	12 Beefaroni, Green Beans, WG Roll, Grapes, Milk *Chef Salad *Spicy Chicken Salad	13 Chicken & Cheese Quesadilla, Corn, Canned Pears, Banana Muffin, Milk *Chef Salad *Spicy Chicken Salad	14 Hot Wings w/Breadstick or Corn Dog, Ranch Dip, Baby Carrots, Choc. Bear Cookie, Apple, Ketchup, Mustard, Milk *Chef Salad *Spicy Chicken Salad
Pop Tarts, Canned Pears, Milk	Mini Maple Pancakes, Apple Juice, Milk	Cereal, Applesauce, Milk	Mini Waffles, Orange Juice, Milk	Egg & Cheese Biscuit, Canned Peaches, Milk

*Low Fat & Fat Free Milk Offered Daily *Lite Ranch & Italian Salad Dressing Available Daily

Employee Meal Prices- Breakfast \$1.75, Lunch \$3.00

*Menu subject to change due to shortages

A la carte Items available each day-

Choc. Chip Muffin 0.50 cents

Hot Cheetos 0.50 cents

Cheese Doritos 0.50 cents

Cheez-Its 0.50 cents Juice Box 0.50 cents

This institution is an equal opportunity provider.