

FP Middle School October 19-23 & October 26-30, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
19 BBQ Pork Sandwich, Cool Ranch Doritos, Baby Carrots, Ranch Dip, Green Peas, Canned Peaches, Milk *Chef Salad	20 Mozzarella Cheese Sticks, Corn, Steamed Broccoli, Banana, WG Animal Cookies, Milk *Chef Salad	21 Chicken Poppers, Creamed Potatoes, Green Beans, Ketchup, Fresh Grapes, Choc. Chip Cookie, Milk *Chef Salad	22 Crispito, Corn, Cheese Sauce, Salsa, Black Beans, Canned Pears, Milk *Chef Salad	23 Hamburger or Spicy Chicken Sandwich on W. Grain Bun, Baked Reg. Chips, Baked Beans, Apple, Lite Mayo, Ketchup, Mustard, Milk *Chef Salad
Chicken & Biscuit, Apple Juice, Milk	Mini Pancakes, Orange Juice, Milk	Egg & Cheese on Southern Style Biscuit, Apple Juice, Milk	Chorizo Beef & Cheese Sunrise Stick or Soy PB & J Sandwich, Orange Juice, Milk	Mini Cinnis, Apple Juice, Milk
26 General Tso's Chicken, Egg Roll, Asian Fried Rice, Stir Fry Veggies, Orange (Cutie), Fortune Cookie, Milk *Chef Salad	27 Pizza, Steamed Carrots, Steamed Broccoli, Canned Peaches, Cheez-Its, Milk *Chef Salad	28 Philly Cheese Steak on a Ciabatta Bun, Baked Plain Chips, Summer Slaw, Apple, Milk *Chef Salad	29 Burrto, Corn, Cheese Sauce, Salsa, Black Beans, Frozen Berries, Milk *Chef Salad	30 Hot Wings w/W.G. Breadstick or Corn Dog, Baked Beans, Ranch Dip, Baby Carrots, Choc. Chip Cookie, Apple, Ketchup, Mustard, Milk *Chef Salad
Breakfast Burrito, Orange Juice, Milk	Chicken & Biscuit, Apple Juice, Milk	Grilled Cheese or Soy PB & J Sandwich, Orange Juice, Milk	Hot Pocket Sausage, Egg & Cheese, Apple Juice, Milk	Cheese Grits w/Bacon, Blueberry Muffin, Orange Juice, Milk

*Low Fat & Fat Free Milk Offered Daily

*Lite Ranch & Italian Salad Dressing Available Daily

Student Meal Prices-Breakfast \$1.15, Reduced Breakfast- 30 Cents, Lunch \$2.00, Reduced Lunch 40 Cents

Employee Meal Prices- Breakfast \$1.75, Lunch \$3.00

A la carte Items available each day-

- Hot Cheetos 0.50 cents
- Cheese Doritos 0.50 cents
- Baked BBQ chips 0.50 cents
- Rice Krispy Treat 0.50 cents
- Blueberry Nutri-Grain Bar 0.50 cents
- Strawberry Nuti-Grain Bar 0.50 cents
- Fruit Punch Juice \$1.00
- Apple Juice \$1.00

*Menu subject to changes due to shortages

This institution is an equal opportunity provider.