

Fort Payne Middle School August 7-9 & August 12-16, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		7 Chicken Poppers, Creamed Potatoes, Mixed Green Salad, Green Peas, W. G. Roll, Ketchup, BBQ Sauce, Grapes	8 Crisпитos or Chicken Quesadilla, Fiesta Rice, Refried Beans, Mixed Green Salad, Cheese Sauce, Sour Cream, Salsa, Orange Slices	9 Hamburger or Spicy Chicken Sandwich on W. G. Bun, Baked Reg. or Sweet Pot. Fries, Baked Beans, Mixed Green Salad, Apple, Ketchup, Mustard, Lt. Mayo, Cheese Slice, Sliced Tomato, Sliced Onions
		Mini Pancakes, Cereal, Toast, Pop-Tart, Strawberries, Jelly, Juice	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Mustard, Juice	Mini Cinnis, Cereal, Toast, Pop-Tart, Banana, Jelly, Juice
12 BBQ Pork or Chicken Fajita Nachos w/WG Chips, Corn, Steamed Broccoli, Mixed Green Salad, Cheese Sauce, Salsa, Sour Cream, Canned Pears	13 Spaghetti Sauce w/ Meat, WG Noodles or Mozzarella Cheese Sticks, Green Beans, Honey Roasted Carrots, Mixed Green Salad, W. G. Roll, Canned Peaches	14 Chef Salad, Baked Potato (Reg. or Sweet), Mozzarella Stick, Cheese, Sour Cream, Crackers, Butter, Croutons, Bacon Bits, Grapes	15 Country Fried Steak w/Gravy, Fish Nuggets, Mixed Green Salad, Turnip Greens, Black Eyed Peas, W. G. Roll, Ketchup, Watermelon	16 Hot Wings, Corn Dog, Baked Reg. or Sweet Pot. Fries, Baked Beans, W. G. Breadstick, Ranch Dressing, Mixed Green Salad, Choc. Bear Cookie, Apple, Ketchup, Mustard
Chicken & Biscuit, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Mustard, Juice	Mini Pancakes, Cereal, Toast, Pop-Tart, Canned Peaches, Jelly, Mustard, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Fresh Strawberries, Jelly, Syrup, Juice	Pancake & Sausage on a Stick, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice	Yogurt, Granola, Muffin, Cereal, Toast, Pop-Tart, Banana, Juice

*Low Fat & Fat Free Milk Offered Daily *Yogurt Parfaits Offered Daily at Breakfast *Asst. Salad Dressings at Lunch

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$1.85, Reduced Lunch 40 Cents

This institution is an equal opportunity provider