

Fort Payne Middle School May 13-17 & May 20-23, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
13 Chicken & Waffles, Honey Roasted Carrots, Mixed Green Salad, Green Peas, Canned Peaches, Ketchup, Syrup, Cinnamon Apples	14 Breaded Chicken or Salisbury Steak, Creamed Potatoes, Collard Greens, Mixed Green Salad, Roll, Gravy, Chocolate Chip Cookie, Orange Slices	15 Teriyaki Chicken, General Tso's Chicken, Mixed Green Salad, Egg Roll, Mixed Veggies, Roll, Asian Fried Brown Rice, Canned Pears	16 Taco Salad w/W. Grain Wrap, Cowboy Beans, Mixed Green Salad, Brown Fiesta Rice, Shredded Cheese, Sour Cream, Salsa, Grapes	17 Turkey or Ham on W. Grain Wrap, Baked Reg. or Sweet Potato Fries, Baked Beans, Mixed Green Salad, Fresh Apples, Ketchup, Mustard, Lite Mayo, Cheese Slice
Chicken & Biscuit, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice	Mini Cinnis, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Juice	Scrambled Eggs, Ham, Biscuit, Cereal, Toast, Pop-Tart, Fresh Strawberries, Jelly, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Syrup, Juice	Apple or Cherry Frudel, Hashbrowns, Cereal, Toast, Pop-Tart, Canned Pears, Jelly, Juice
20 Buffalo Chicken Wrap or Burrito, Corn, Broccoli, Mixed Green Salad, Cheese Sauce, Salsa, Sour Cream, Fresh Pear, Cinnamon Apples	21 Steak or Fish Nuggets, Creamed Potatoes, Mixed Green Salad, Collard Greens, Chocolate Chip Cookie, Canned Peaches, Ketchup	22 Spaghetti Sauce w/ Meat, WG Noodles or Mozzarella Cheese Sticks, Mixed Veggies, Mixed Green Salad, Breadstick, Canned Pears	23 Hot Dog on W. Grain Bun, Baked Reg. or Sweet Potato Fries, Baked Beans, Mixed Green Salad, Fresh Apples, Ketchup, Mustard, Chili, Cheese, Kraut, Onions	24 NO SCHOOL HAVE A GREAT SUMMER!
Scrambled Egg Bowl (Eggs, Sausage, Cheese), Cereal, Toast, Pop-Tart, Applesauce, Jelly, Mustard, Juice	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Fresh Grapes, Jelly, Mustard, Juice	Pancake on a Stick, Hashbrowns, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Syrup, Juice	Sausage, Biscuit, Cereal, Toast, Pop-Tart, Banana, Jelly, Juice	

*Low Fat & Fat Free Milk Offered Daily *Yogurt Parfaits Offered Daily at Breakfast *Asst. Salad Dressings at Lunch

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$1.85, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to www.PayPAMS.com to check balances, set up email reminders and/or deposit money into your child's lunch account.

This institution is an equal opportunity provider