

FP Middle School January 18-22 & January 25-29, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
18 NO SCHOOL MLK DAY	19 Baked Ziti, Steamed Broccoli, Steamed Carrots, WG Breadstick, Frozen Blue Raspberry Cup *Chef Salad *Spicy Chicken Salad	20 Buffalo Bites, Black-Eyed Peas, Mac & Cheese, Breadstick, Orange Slices, Blueberry Muffin, Ketchup *Chef Salad *Spicy Chicken Salad	21 Crispito, Corn, Cheese Sauce, Salsa, Black Beans, Canned Pears *Chef Salad *Spicy Chicken Salad	22 Hamburger or Spicy Chicken Sandwich on W. Grain Bun, Baked Sweet Potato Fries, Baked Beans, Apple, Lite Mayo, Ketchup, Mustard *Chef Salad *Spicy Chicken Salad
	Mini Pancakes, Orange Juice, Milk	Egg & Cheese on Southern Style Biscuit, Apple Juice, Milk	Chicken & Biscuit, Orange Juice, Milk	Mini Cinnis, Apple Juice, Milk
25 Pizza, Steamed Carrots, Green Peas, Canned Orange Slices, Cheez-Its *Chef Salad *Spicy Chicken Salad	26 Roasted Chicken, Sweet Potatoes, Green Beans, Ketchup, Fresh Grapes, Choc. Chip Cookie *Chef Salad *Spicy Chicken Salad	27 Chicken & Sausage Gumbo, Toasted Cheese Sandwich, Crackers, Frozen Peaches, Animal Cookies *Chef Salad *Spicy Chicken Salad	28 Taco Salad w/W.G. Chips, Corn, Cowboy Beans, Salsa, Shredded Cheese, Fresh Pear, Honey Graham Cookie *Chef Salad *Spicy Chicken Salad	29 Hot Wings w/W.G. Breadstick or Corn Dog, Baked Beans, Ranch Dip, Baked Fries, Choc Bear Cookie, Apple, Ketchup, Mustard *Chef Salad *Spicy Chicken Salad
Bacon, Egg, & Cheese Biscuit, Orange Juice, Milk	Chicken & Biscuit, Apple Juice, Milk	Grilled Cheese or Soy PB & J Sandwich, Orange Juice, Milk	Mini Pancakes, Apple Juice, Milk	Cheese Grits, Bacon, Blueberry Muffin, Orange Juice, Milk

*Low Fat & Fat Free Milk Offered Daily

*Lite Ranch & Italian Salad Dressing Available Daily

Student Meal Prices-Breakfast \$1.15, Reduced Breakfast- 30 Cents, Lunch \$2.00, Reduced Lunch 40 Cents

Employee Meal Prices- Breakfast \$1.75, Lunch \$3.00

A la carte Items available each day-

Hot Cheetos 0.50 cents Fruit Punch Juice \$1.00
 Cheese Doritos 0.50 cents Apple Juice \$1.00
 Baked BBQ chips 0.50 cents
 Rice Krispy Treat 0.50 cents
 Blueberry Nutri-Grain Bar 0.50 cents
 Strawberry Nuti-Grain Bar 0.50 cents

*Menu subject to changes due to shortages

This institution is an equal opportunity provider.