

Fort Payne Middle School February 11-15 & February 18-22, 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 11 Teriyaki Chicken or General Tso's Chicken, Egg Roll, Stir Fry Veggies, Roll, Asian Fried Brown Rice, Canned Peaches, Mixed Green Salad | 12 BBQ Pork or Ham Stuffed Baked Potato, Steamed Broccoli, Mixed Green Salad, Sour Cream, Shredded Cheese, Butter, Breadstick, Animal Cookies, Fresh Grapes | 13 Chili or Gumbo, Brown Rice, Toasted Cheese Sandwich, Mixed Green Salad, Crackers, Fresh Orange Slices | 14 Turkey Tetrizzini, Mixed Vegetables, Mixed Green Salad, Roll, Valentine Cake, Canned Peaches | 15 Hamburger or Spicy Chicken Sandwich on W. Grain Bun, Baked Reg. or Sweet Potato Fries, Baked Beans, Mixed Green Salad, Fresh Apples, Ketchup, Mustard, Lt. Mayo |
| Chicken & Biscuit, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice | Oatmeal, Sausage, Cereal, Toast, Pop-Tart, Canned Peaches, Jelly, Mustard, Juice | Sausage Links, Scrambled Eggs, Biscuit, Cereal, Toast, Pop-Tart, Fresh Strawberries, Jelly, Juice | French Toast Sticks, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Syrup, Juice | Mini Cinnis, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Juice |
| 18 NO SCHOOL President's Day | 19 Chicken Poppers, Roasted Potatoes, Mixed Green Salad, Green Beans, Chocolate Chip Cookie, Canned Peaches, Ketchup, BBQ Sauce | 20 Chili or Gumbo, Brown Rice, Toasted Cheese Sandwich, Mixed Green Salad, Crackers, Fresh Grapes | 21 Crispito or Chicken Fajita w/W. Grain Wrap, Cowboy Beans, Mixed Green Salad, Cheese Sauce, Sour Cream, Salsa, Peppers & Onions, Canned Pears | 22 Hot Wings or Corn Dog, Baked Reg. or Sweet Pot. Fries, Breadstick, Ranch Dressing, Baked Beans, Mixed Green Salad, Apples, Ketchup, Mustard, Choc. Bear Cookie |
| | Chicken & Biscuit, Cereal, Toast, Pop-Tart, Fresh Grapes, Jelly, Mustard, Juice | French Toast Sticks, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Syrup, Juice | Mini Pancakes, Cereal, Toast, Pop-Tart, Banana, Jelly, Juice | Yogurt, Granola, Cereal, Toast, Pop-Tart, Kiwi, Juice |

*Low Fat & Fat Free Milk Offered Daily *Yogurt Parfaits Offered Daily at Breakfast *Asst. Salad Dressings at Lunch

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$1.85, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to www.PayPAMS.com to check balances, set up email reminders and/or deposit money into your child's lunch account.

This institution is an equal opportunity provider