

Fort Payne High School November 12-16 & November 26-30, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
12 Veteran's Day No School	13 Chicken Poppers, Salad Bar, Sweet Potatoes, Steamed Broccoli, Choc. Chip Cookie, Apples, Ketchup, BBQ Sauce	14 Chili or Gumbo, Brown Rice, Toasted Cheese Sandwich, Romaine Salad, Crackers, Fresh Grapes	15 Turkey & Dressing, Salad Bar, Sweet Potatoes, Green Beans, Roll, Canned Peaches	16 Hamburger or Spicy Chicken Sandwich, Salad Bar, Baked Reg. or Sweet Pot. Fries, Lettuce, Tomato, Onions, Pickles, Fresh Apple, Ketchup, Mustard, Lt. Mayo
	Sausage, Gravy, Biscuit, Cereal, Toast, Fresh Kiwi, Juice, Milk, Mustard, Jelly	French Toast Sticks, Cereal, Toast, Pop-Tart, Grapes , Jelly, Syrup, Juice	Sausage Links, Scrambled Eggs, Biscuit, Cereal, Toast, Pop-Tart, Banana, Jelly, Mustard, Juice	Mini Cinnis, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Syrup, Juice
26 Salisbury Steak, Fish Nuggets, Salad Bar, Creamed Potatoes, Green Beans, Roll, Fresh Apple, Gravy, Ketchup, Peppers & Onions, Graham Bear Cookie	27 Chili or Gumbo, Brown Rice, Toasted Cheese Sandwich, Romaine Salad, Crackers, Fresh Grapes	28 Chef Salad, Turkey, Baked Potato (Reg. or Sweet), (2) Mozzarella Sticks, Cheese, Sour Cream, Crackers, Butter, Croutons, Bacon Bits, Fresh Pear	29 Crisпитos, Chicken Fajita w/W. Grain Wrap, Salad Bar, Cowboy Beans, Cheese Sauce, Sour Cream, Salsa, Peppers & Onions, Canned Peaches	30 Hot Wings, Corn Dog, Baked Reg. or Sweet Pot. Fries, Breadstick, Ranch Dressing, Baked Beans, Salad Bar, Fresh Apples, Ketchup, Mustard, Choc. Chip Cookie
Sausage, Gravy, Biscuit, Cereal, Toast, Fresh Canned Peaches, Juice, Milk, Mustard, Jelly	Mini Pancakes, Cereal, Toast, Pop-Tart, Kiwi, Jelly, Juice	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Mustard, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Grapes , Jelly, Syrup, Juice	Yogurt, Granola, Cereal, Toast, Pop-Tart, Banana, Juice

*Low Fat & Fat Free Milk Offered Daily *Yogurt Parfaits & Chicken & Biscuits Offered Daily at Breakfast

*Grab & Go Sandwiches, Salad Bar & Asst. Salad Dressings Available at Lunch *A second serving of fruit is available at lunch in compliance with HHFKA of 2010

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$2.10, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to www.PayPAMS.com to check balances, set up email reminders and/or deposit money into your child's lunch account.

This institution is an equal opportunity provider