

## FP High School October 19-23 & October 26-30, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
19 BBQ Pork Sandwich, Cool Ranch Doritos, Baby Carrots, Ranch Dip, Green Peas, Canned Peaches, Milk  *Chef Salad	20 Spaghetti Sauce w/ Meat, WG Noodles or Mozzarella Cheese Sticks, Corn, Steamed Broccoli, WG Roll, Banana, WG Animal Cookies, Milk  *Chef Salad	21 Chicken Poppers, Creamed Potatoes, Green Beans, WG Roll, Ketchup, Fresh Grapes, Cheez-Its, Milk  *Chef Salad	22 Crispito, Corn, Black Beans, Cheese Sauce, Salsa, Canned Pears, Milk  *Chef Salad	23 Hamburger or Spicy Chicken Sandwich on W. Grain Bun, Baked Reg. Chips, Baked Beans, Apple, Lite Mayo, Ketchup, Mustard, Milk  *Chef Salad
Chicken & Biscuit, Apple Juice, Milk	Mini Pancakes, Orange Juice, Milk	Egg & Cheese on Southern Style Biscuit, Apple Juice, Milk	Chorizo Beef & Cheese Sunrise Stick or Soy PB & J Sandwich, Orange Juice, Milk	Mini Cinnis, Apple Juice, Milk
26 General Tso's Chicken, Egg Roll, Asian Fried Rice, Stir Fry Veggies, Orange (Cutie), Fortune Cookie, Milk  *Chef Salad	27 Pizza, Honey Roasted Carrots, Steamed Broccoli, Canned Peaches, Cheez-Its, Milk  *Chef Salad	28 Philly Cheese Steak on Ciabatta Bun, Baked Plain Chips, Summer Slaw, Apple, Milk  *Chef Salad	29 Burrito, Black Beans, Corn, Cheese Sauce, Salsa, Pepper & Onions, Frozen Berries, Milk  *Chef Salad	30 Hot Wings w/W.G. Breadstick or Corn Dog, Baked Beans, Ranch Dressing, Baby Carrots, Choc. Bear Cookie, Apple, Ketchup, Mustard, Milk  *Chef Salad
Sausage & Biscuit, Orange Juice, Milk	Chicken & Biscuit, Apple Juice, Milk	Grilled Cheese or Soy PB & J Sandwich, Orange Juice, Milk	Hot Pocket Sausage, Egg & Cheese, Apple Juice, Milk	Cheese Grits w/Bacon, Blueberry Muffin, Orange Juice, Milk

\*Low Fat & Fat Free Milk Offered Daily

\*Lite Ranch & Italian Salad Dressing Available Daily

\*A second serving of fruit is available at lunch in compliance with HHFKA of 2010

Student Meal Prices-Breakfast \$1.15, Reduced Breakfast- 30 Cents, Lunch \$2.25, Reduced Lunch 40 Cents

Employee Meal Prices- Breakfast \$1.75, Lunch \$3.00

[A la carte Items available each day-](#)

\*Menu subject to change due to shortages

Hot Cheetos 0.50 cents

SC & Onion Baked Chips 0.50 cents

Peace Tea \$1.25

Cheese Doritos 0.50 cents

Sweet Chili Doritos 0.50 cents

Coke Zero \$1.25

Baked BBQ chips 0.50 cents

Choc. Chip Muffins 0.50 cents

DR Pepper Zero \$1.25

Rice Krispy Treat 0.50 cents

Blueberry Muffins 0.50 cents

Mello Yello Zero \$1.25

Blueberry Nutri-Grain Bar 0.50 cents

Powerade Zero (Blueberry) \$1.00

Strawberry Nuti-Grain Bar 0.50 cents

Powerade Zero (Grape) \$1.00