## Fort Payne High School November 11-15 & November 18-22, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
11	12 BBQ Pork, Baked Potato,	13 Chili or Gumbo, Brown Rice,	14 Crispitos or Chicken	15 Hamburger or Spicy Chicken
	Shredded Cheese, Butter, Sour	Toasted Cheese Sandwich, Salad	Quesadilla, Salad Bar, Brown	Sandwich, Salad Bar, Baked Reg.
NO SCHOOL	Cream, Green Peas, W. G. Roll,	Bar, Crackers, Orange Slices	Hominy, Black Beans, Cheese	or Sweet Pot. Fries, Baked
	Fresh Pear, Choc. Chip Cookie		Sauce, Sour Cream, Salsa,	Beans, Sliced Tomato, Sliced
VETERAN'S DAY			Canned Peaches	Onions, Fruit, Ketchup,
				Mustard, Light Mayo, Apple
	Sausage, Biscuit, Cereal, Toast,	Egg & Cheese on Southern Style	Breakfast Pizza, Cereal, Toast,	French Toast Sticks, Cereal,
	Applesauce, Juice, Milk,	Biscuit, Cereal, Toast, Kiwi,	Pop-Tart, Canned Pears, Jelly,	Toast, Pop-Tart, Banana, Jelly,
	Mustard, Jelly	Juice, Milk, Mustard, Jelly	Mustard, Juice	Syrup, Juice
18 Chicken Poppers or Pizza,	19 Country Fried Steak w/Gravy	20 Turkey & Dressing, Creamed	21 Chicken Parmesan, Spaghetti	22 Hot Wings, Corn Dog, Baked
Creamed Potatoes, Salad Bar,	or Fish Nuggets, Mac & Cheese,	Potatoes, Green Beans, Mixed	Noodles, Salad Bar, Corn,	Reg. or Sweet Pot. Fries,
Green Peas, W. G. Roll, Ketchup,	Black Eyed Peas, Mixed Green	Green Salad, W. Grain Roll,	Steamed Broccoli, W. Grain Roll,	Breadstick, Ranch Dressing,
BBQ Sauce, Grapes	Salad, Roll, Chocolate Chip	Sweet Potato Pie, Cranberry	Orange Slices	Baked Beans, Salad Bar, Apple,
	Cookie, Canned Peaches	Sauce, Apple		Ketchup, Mustard
Sausage, Biscuit, Cereal, Toast,	Mini Cinnis, Cereal, Toast, Pop-	Chicken & Biscuit, Cereal, Toast,	French Toast Sticks, Cereal,	Yogurt, Granola, Muffin, Cereal,
Fresh Kiwi, Juice, Milk, Mustard,	Tart, Canned Pears, Jelly, Juice	Pop-Tart, Strawberries, Jelly,	Toast, Pop-Tart, Blueberries,	Toast, Pop-Tart, Banana, Juice
Jelly		Mustard, Juice	Jelly, Syrup, Juice	

\*Low Fat & Fat Free Milk Offered Daily \* Yogurt Parfaits & Chicken & Biscuits Offered Daily at Breakfast

\*Grab & Go Sandwiches, Salad Bar & Asst. Salad Dressings Available at Lunch \*A second serving of fruit is available at lunch in compliance with HHFKA of 2010 Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$2.10, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to <u>www.PayPAMS.com</u> to check balances, set up email reminders and/or deposit money into your child's lunch account.

This institution is an equal opportunity provider

COMING SOON! Pimento Cheese available daily