

## FP High School November 16-20 & November 30- Dec 4, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
16 Spaghetti Sauce w/ Meat, WG Noodles or Mozzarella Cheese Sticks, Corn, Steamed Broccoli, WG Breadstick, Banana, Choc Bear Cookie, Milk *Chef Salad *Fajita Chicken Salad	17 Pizza, Steamed Carrots, Steamed Broccoli, Canned Pears, Cheez-Its, Milk  *Chef Salad *Fajita Chicken Salad	18 Chicken & Dressing, Sweet Potatoes, Green Beans, WG Roll, Cranberry Sauce, Frozen Peaches, Milk  *Chef Salad	19 Crispito, Corn, Black Beans, Cheese Sauce, Salsa, Fresh Grapes, Milk  *Chef Salad *Fajita Chicken Salad	20 Hamburger or Spicy Chicken Sandwich on W. Grain Bun, Baked Reg. Chips, Baked Beans, Apple, Lite Mayo, Ketchup, Mustard, Milk *Chef Salad *Fajita Chicken Salad
Chicken & Biscuit, Apple Juice, Milk	Mini Pancakes, Orange Juice, Milk	Egg & Cheese on Southern Style Biscuit, Apple Juice, Milk	Sausage & Biscuit, Orange Juice, Milk	Cinni Minis, Apple Juice, Milk
30 General Tso's Chicken, Egg Roll, Asian Fried Rice, Stir Fry Veggies, Orange (Cutie), Fortune Cookie, Milk  *Chef Salad *Fajita Chicken Salad	1 Chili or Chicken & Sausage Gumbo, Toasted Cheese Sandwich, Crackers, Frozen Peaches, Milk  *Chef Salad *Fajita Chicken Salad	2 Philly Cheese Steak on Ciabatta Bun, Baked Plain Chips, Summer Slaw, Grapes, Choc. Chip Cookie, Milk  *Chef Salad *Fajita Chicken Salad	3 Burrito, Black Beans, Corn, Cheese Sauce, Salsa, Pepper & Onions, Frozen Berries, Milk  *Chef Salad Fajita Chicken Salad	4 Hot Wings w/W.G. Breadstick or Corn Dog, Baked Beans, Ranch Dressing, Baby Carrots, Choc. Bear Cookie, Apple, Ketchup, Mustard, Milk *Chef Salad *Fajita Chicken Salad
Sausage & Biscuit, Orange Juice, Milk	Chicken & Biscuit, Apple Juice, Milk	Grilled Cheese or Soy PB & J Sandwich, Orange Juice, Milk	Mini Pancakes, Apple Juice, Milk	Bacon, Egg, & Cheese Biscuit, Orange Juice, Milk

\*Low Fat & Fat Free Milk Offered Daily

\*Lite Ranch & Italian Salad Dressing Available Daily

\*A second serving of fruit is available at lunch in compliance with HHFKA of 2010

Student Meal Prices-Breakfast \$1.15, Reduced Breakfast- 30 Cents, Lunch \$2.25, Reduced Lunch 40 Cents

Employee Meal Prices- Breakfast \$1.75, Lunch \$3.00

[A la carte Items available each day-](#)

\*Menu subject to change due to shortages

Hot Cheetos 0.50 cents

SC & Onion Baked Chips 0.50 cents

Peace Tea \$1.25

Cheese Doritos 0.50 cents

Sweet Chili Doritos 0.50 cents

Coke Zero \$1.25

Baked BBQ chips 0.50 cents

Choc. Chip Muffins 0.50 cents

DR Pepper Zero \$1.25

Rice Krispy Treat 0.50 cents

Blueberry Muffins 0.50 cents

Mello Yello Zero \$1.25

Blueberry Nutri-Grain Bar 0.50 cents

Powerade Zero (Blueberry) \$1.00

Strawberry Nuti-Grain Bar 0.50 cents

Powerade Zero (Grape) \$1.00