

FP High School January 4-8 & January 11-15, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
4	5 Little Smokies, Mac & Cheese, Pinto Beans, W.G. Breadstick, Choc Chip Cookie, Orange Slices, Milk *Chef Salad *Spicy Chicken Salad	6 Chili or Chicken & Sausage Gumbo, Brown Rice, Toasted Cheese Sandwich, Crackers, Frozen Peaches, Milk *Chef Salad *Spicy Chicken Salad	7 Crispito, Corn, Black Beans, Cheese Sauce, Salsa, Fresh Grapes, Milk *Chef Salad *Spicy Chicken Salad	8 Hamburger or Spicy Chicken Sandwich on W. Grain Bun, Potato Wedges, Baked Beans, Apple, Lite Mayo, Ketchup, Mustard, Milk *Chef Salad *Spicy Chicken Salad
	Mini Pancakes, Orange Juice, Milk	Chicken & Biscuit, Apple Juice, Milk	Sausage & Biscuit, Orange Juice, Milk	Cinni Minis, Apple Juice, Milk
11 General Tso's Chicken, Egg Roll, Asian Fried Rice, Stir Fry Veggies, Orange (Cutie), Fortune Cookie, Milk *Chef Salad *Spicy Chicken Salad	12 Philly Cheese Steak on Ciabatta Bun, Potato Wedges, Summer Slaw, Grapes, Choc. Chip Cookie, Milk *Chef Salad *Spicy Chicken Salad	13 Chili or Chicken & Sausage Gumbo, Brown Rice, Toasted Cheese Sandwich, Crackers, Frozen Peaches, Milk *Chef Salad *Spicy Chicken Salad	14 Spaghetti Sauce w/ Meat, WG Noodles or Mozzarella Cheese Sticks, Corn, Steamed Broccoli, WG Breadstick, Banana, Choc Bear Cookie, Milk *Chef Salad *Spicy Chicken Salad	15 Hot Wings w/W.G. Breadstick or Corn Dog, Baked Beans, Ranch Dressing, Potato Wedges, Choc. Bear Cookie, Apple, Ketchup, Mustard, Milk *Chef Salad *Spicy Chicken Salad
Sausage & Biscuit, Orange Juice, Milk	Chicken & Biscuit, Apple Juice, Milk	Grilled Cheese or Soy PB & J Sandwich, Orange Juice, Milk	Mini Pancakes, Apple Juice, Milk	Bacon, Egg, & Cheese Biscuit, Orange Juice, Milk

*Low Fat & Fat Free Milk Offered Daily

*Lite Ranch & Italian Salad Dressing Available Daily

*A second serving of fruit is available at lunch in compliance with HHFKA of 2010

Student Meal Prices-Breakfast \$1.15, Reduced Breakfast- 30 Cents, Lunch \$2.25, Reduced Lunch 40 Cents

Employee Meal Prices- Breakfast \$1.75, Lunch \$3.00

[A la carte Items available each day-](#)

*Menu subject to change due to shortages

Hot Cheetos 0.50 cents

SC & Onion Baked Chips 0.50 cents

Peace Tea \$1.25

Cheese Doritos 0.50 cents

Sweet Chili Doritos 0.50 cents

Coke Zero \$1.25

Baked BBQ chips 0.50 cents

Choc. Chip Muffins 0.50 cents

DR Pepper Zero \$1.25

Rice Krispy Treat 0.50 cents

Blueberry Muffins 0.50 cents

Mello Yello Zero \$1.25

Blueberry Nutri-Grain Bar 0.50 cents

Powerade Zero (Blueberry) \$1.00

Strawberry Nuti-Grain Bar 0.50 cents

Powerade Zero (Grape) \$1.00

This Institution is an equal opportunity provider.