## Fort Payne High School August 7-9 & August 12-16, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		7 Chicken Poppers,	8 Crispitos or Chicken	9 Hot Dog, Salad Bar, Baked
		Creamed Potatoes, Salad Bar,	Quesadilla, Salad Bar, Fiesta	Reg. or Sweet Pot. Fries, Baked
		Green Peas, W. G. Roll, Ketchup,	Rice, Black Beans, Cheese	Beans, Slaw, Onions, Kraut,
		BBQ Sauce, Grapes	Sauce, Sour Cream, Salsa, Fruit	Fruit, Ketchup, Mustard
		Sausage, Biscuit, Cereal, Toast,	Chicken & Biscuit, Cereal, Toast,	French Toast Sticks, Cereal,
		Fresh Fruit, Juice, Milk,	Pop-Tart, Fruit, Jelly, Mustard,	Toast, Pop-Tart, Fruit, Jelly,
		Mustard, Jelly	Juice	Syrup, Juice
12 Teriyaki Chicken, General	13 BBQ Pork or Chicken Fajita	14 Chef Salad, Baked Potato	15 Country Fried Steak	16 Hot Wings, Corn Dog, Baked
Tso's Chicken, Salad Bar, Egg	Nachos w/WG Chips, Salad Bar,	(Reg. or Sweet), (2) Mozzarella	w/Gravy, Fish Nuggets, Salad	Reg. or Sweet Pot. Fries,
Roll, Stir Fry Veggies, W. G. Roll,	Corn, Steamed Broccoli, Cheese	Sticks, Cheese, Sour Cream,	Bar, Honey Roasted Carrots,	Breadstick, Ranch Dressing,
Asian Fried Brown Rice, Canned	Sauce, Salsa, Sour Cream,	Crackers, Butter, Croutons,	Black Eyed Peas, W. G. Roll,	Baked Beans, Salad Bar, Apples
Peaches	Orange Slices	Bacon Bits, Grapes	Ketchup, Watermelon	Ketchup, Mustard
Sausage, Biscuit, Cereal, Toast,	Mini Cinnis, Cereal, Toast, Pop-	Chicken & Biscuit, Cereal, Toast,	French Toast Sticks, Cereal,	Yogurt, Granola, Muffin, Cereal,
Fresh Kiwi, Juice, Milk, Mustard,	Tart, Banana, Jelly, Juice	Pop-Tart, Strawberries, Jelly,	Toast, Pop-Tart, Blueberries,	Toast, Pop-Tart, Banana, Juice
Jelly		Mustard, Juice	Jelly, Syrup, Juice	

<sup>\*</sup>Low Fat & Fat Free Milk Offered Daily \* Yogurt Parfaits & Chicken & Biscuits Offered Daily at Breakfast

This institution is an equal opportunity provider

<sup>\*</sup>Grab & Go Sandwiches, Salad Bar & Asst. Salad Dressings Available at Lunch \*A second serving of fruit is available at lunch in compliance with HHFKA of 2010 Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$2.10, Reduced Lunch 40 Cents