

Fort Payne High School February 11-15 & February 18-22, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
11 Teriyaki Chicken, General Tso's Chicken, Salad Bar, Egg Roll, Stir Fry Veggies, Roll, Asian Fried Brown Rice, Canned Peaches	12 Chicken Poppers or Fish Nuggets, Salad Bar, Roasted Sweet Potatoes, Green Beans, Choc. Chip Cookie, Fresh Grapes, Ketchup, BBQ Sauce	13 Chili or Gumbo, Brown Rice, Toasted Cheese Sandwich, Romaine Salad, Crackers, Orange Slices	14 BBQ Pork or Ham Stuffed Baked Potato, Steamed Broccoli, Sour Cream, Shredded Cheese, Butter, Salad Bar, Breadstick, Valentine Cake, Canned Pears	15 Hamburger or Spicy Chicken Sandwich, Salad Bar, Baked Reg. or Sweet Pot. Fries, Lettuce, Tomato, Onions, Pickles, Fresh Apple, Ketchup, Mustard, Lt. Mayo
Sausage, Biscuit, Cereal, Toast, Fresh Canned Peaches, Juice, Milk, Mustard, Jelly	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Mustard, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Grapes , Jelly, Syrup, Juice	Sausage Links, Scrambled Eggs, Biscuit, Cereal, Toast, Pop-Tart, Banana, Jelly, Mustard, Juice	Mini Cinnis, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Syrup, Juice
18 NO SCHOOL President's Day	19 Country Fried Steak w/Gravy, Catfish Strips, Salad Bar, Creamed Potatoes, Peas & Carrots, Roll, Canned Peaches,	20 Chili or Gumbo, Brown Rice, Toasted Cheese Sandwich, Romaine Salad, Crackers, Fresh Grapes	21 Crisпитos, Chicken Quesadilla, Salad Bar, Fiesta Rice, Cowboy Beans, Cheese Sauce, Sour Cream, Salsa, Orange Slices	22 Hot Wings, Corn Dog, Baked Reg. or Sweet Pot. Fries, Breadstick, Ranch Dressing, Baked Beans, Salad Bar, Fresh Apples, Ketchup, Mustard, Choc. Chip Cookie
	Mini Pancakes, Cereal, Toast, Pop-Tart, Grapes , Jelly, Juice	Scrambled Eggs, Ham, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Mustard, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Grapes , Jelly, Syrup, Juice	Yogurt, Granola, Cereal, Toast, Pop-Tart, Banana, Juice

*Low Fat & Fat Free Milk Offered Daily * Yogurt Parfaits & Chicken & Biscuits Offered Daily at Breakfast

*Grab & Go Sandwiches, Salad Bar & Asst. Salad Dressings Available at Lunch *A second serving of fruit is available at lunch in compliance with HHFKA of 2010

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$2.10, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to www.PayPAMS.com to check balances, set up email reminders and/or deposit money into your child's lunch account.

This institution is an equal opportunity provider