

FP High School August 15-19 & August 22-26, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
15 Chicken Fingers, Creamed Potatoes, Green Beans, WG Roll, Canned Mixed Fruit, Ketchup *Chef Salad *Lunchable	16 Spaghetti w/Meat Sauce, WG Noodles, Steamed Carrots, Green Peas, WG Roll, Grapes, Honey Graham Bear Cookie *Chef Salad *Lunchable	17 Buffalo Chicken w/Shredded Cheese on W. Grain Wrap or Mozzarella Cheese Sticks, Baked Fries, Baby Carrots, Ranch Dip, Banana, Lite Ketchup *Chef Salad *Lunchable	18 Taco Salad w/WG Chips, Pinto Beans, Shredded Cheese, Lettuce & Tomato, Salsa, Peach Cup, Taco Sauce, Animal Cookies *Chef Salad *Lunchable	19 Hamburger or Spicy Chicken Sandwich on W. Grain Bun, Baked Fries, Baked Beans, Lettuce & Tomato, Cheese Slice, Apple, Lite Mayo, Ketchup, Mustard *Chef Salad *Lunchable
Blueberry Mini Pancakes & Syrup, Yogurt Parfait & Granola, Cereal, Canned Peaches, Milk	Bacon, Egg & Cheese Biscuit, Smoothie & Muffin, Cereal, Orange Juice, Milk	Chicken & Biscuit, Yogurt Parfait & Granola, Cereal, Banana, Milk	Sausage & Biscuit, Smoothie & Muffin, Cereal, Apple Juice, Milk	Mini Cinnis, Yougurt Parfait & Granola, Cereal, Mandarin Oranges, Milk
22 BBQ Pork or Chicken Fajita Nachos, Black Beans, Corn, Cheese Sauce, Salsa, Canned Pears, Choc Bear Cookie *Chef Salad *Lunchable	23 Pizza or Mozzarella Cheese Sticks, Green Peas, Corn, Strawberry Cup WG Animal Cookies *Chef Salad *Lunchable	24 Chicken Parmesan w/WG Noodles, Steamed Carrots, Broccoli, WG Roll, Grapes *Chef Salad *Lunchable	25 Steak or Fish Nuggets, Green Beans, Creamed Potatoes, WG Roll, Orange Slices, Banana Muffin, Ketchup *Chef Salad *Lunchable	26 Hot Dog w/WG Bun, Baked Beans, Baked Fries, Chili, Shredded Cheese, Kraut, Onions, Ketchup, Mustard, Lite Mayo, Apple *Chef Salad *Lunchable
Chicken & Biscuit, Yogurt Parfait & Granola, Cereal, Banana, Milk	Bacon, Egg & Cheese Biscuit, Smoothie & Muffin, Cereal, Orange Juice, Milk	Choc Chip French Toast & Syrup, Yogurt Parfait & Granola, Cereal, Canned Mixed Fruit, Milk	Sausage & Biscuit, Cereal, Smoothie & Muffin, Apple Juice, Milk	Gravy & Biscuit, Yogurt Parfait & Granola, Cereal, Mandarin Oranges, Milk

*Low Fat & Fat Free Milk Offered Daily

*Lite Ranch & Italian Salad Dressing Available Daily

*A second serving of fruit is available at lunch in compliance with HHFKA of 2010

Student Meal Prices-Breakfast \$1.15, Lunch \$2.25, Reduced Breakfast- 30 Cents, Reduced Lunch 40 Cents

Employee Meal Prices- Breakfast \$2.00, Lunch \$3.25

A la carte Items available each day-

*Menu subject to change due to shortages

Hot Cheetos 0.50 cents

SC & Onion Baked Chips 0.50 cents

Peace Tea \$1.25

Cheese Doritos 0.50 cents

Sweet Chili Doritos 0.50 cents

Coke Zero \$1.25

Baked BBQ chips 0.50 cents

Choc. Chip Muffins 0.50 cents

DR Pepper Zero \$1.25

Rice Krispy Treat 0.50 cents

Blueberry Muffins 0.50 cents

Mello Yello Zero \$1.25

Blueberry Nutri-Grain Bar 0.50 cents

Powerade Zero (Blueberry) \$1.00

Strawberry Nuti-Grain Bar 0.50 cents

Powerade Zero (Grape) \$1.00