

## Fort Payne High School April 15-19 & April 22-26, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
15 Chicken & Waffles, Honey Roasted Carrots, Salad Bar, Green Beans, Canned Peaches, Ketchup, Syrup	16 Turkey Tetrizzini, Mixed Vegetables, Roasted Butternut Squash, Rice Krispy Treat, Roll, Salad Bar, Fresh Grapes	17 BBQ Pork or Ham Stuffed Baked Potato, Steamed Broccoli, Sour Cream, Shredded Cheese, Butter, Salad Bar, Breadstick, Animal Cookies, Canned Pears	18 Hamburger or Spicy Chicken Sandwich, Salad Bar, Baked Reg. or Sweet Pot. Fries, Baked Beans, Lettuce, Tomato, Onions, Pickles, Fresh Apple, Ketchup, Mustard, Lt. Mayo	19  <b>NO SCHOOL</b>
Sausage, Biscuit, Cereal, Toast, Fresh Canned Peaches, Juice, Milk, Mustard, Jelly	Chicken & Biscuit, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Mustard, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Grapes , Jelly, Syrup, Juice	Mini Cinnis, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Syrup, Juice	
22 Buffalo Chicken or Chicken Fajita w/W. Grain Wrap, Salad Bar, Mixed Veggies,, Green Peas, Shredded Cheese, Sour Cream, Salsa, Canned Pears, Peppers & Onions	23 Chicken Poppers or Fish Nuggets, Salad Bar, Roasted Potatoes, Green Beans, Choc. Chip Cookie, Fresh Grapes, Ketchup, BBQ Sauce	24 Country Fried Steak w/Gravy, Catfish Strips, Honey Roasted Carrots, Salad Bar, Black Eyed Peas, Collard Greens, Roll, Canned Pears	25 Crisпитos, Chicken Quesadilla, Salad Bar, Fiesta Rice, Refried Beans, Cheese Sauce, Sour Cream, Salsa, Orange Slices	26 Hot Wings, Corn Dog, Baked Reg. or Sweet Pot. Fries, Breadstick, Ranch Dressing, Baked Beans, Salad Bar, Fresh Apples, Ketchup, Mustard, Choc. Chip Cookie
Scrambled Egg Bowl (Eggs, Hams, Cheese), Cereal, Toast, Pop-Tart, Kiwi, Jelly, Mustard, Juice	Mini Pancakes, Cereal, Toast, Pop-Tart, Applesauce, Jelly, Juice	Sausage, Biscuit, Cereal, Toast, Pop-Tart, Blueberries, Jelly, Mustard, Juice	French Toast Sticks, Cereal, Toast, Pop-Tart, Grapes , Jelly, Syrup, Juice	Yogurt, Granola, Cereal, Toast, Pop-Tart, Banana, Juice

\*Low Fat & Fat Free Milk Offered Daily \* Yogurt Parfaits & Chicken & Biscuits Offered Daily at Breakfast

\*Grab & Go Sandwiches, Salad Bar & Asst. Salad Dressings Available at Lunch \*A second serving of fruit is available at lunch in compliance with HHFKA of 2010

Student Meal Prices-Breakfast \$1.00, Reduced Breakfast- 30 Cents, Lunch \$2.10, Reduced Lunch 40 Cents

Parents: You can always check the balance on your child's lunch account online. You can also set up automatic email reminders when your child's lunch account gets low. Go to [www.PayPAMS.com](http://www.PayPAMS.com) to check balances, set up email reminders and/or deposit money into your child's lunch account.

*This institution is an equal opportunity provider*